



# COUNTY OF SAN DIEGO MEDIA ADVISORY

FOR IMMEDIATE RELEASE  
June 1, 2004

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## 12<sup>TH</sup> ANNUAL NATIONAL TRAILS DAY CELEBRATED AT LOS PEÑASQUITOS: County and City Parks and Recreation Host Free Event

### Who/What:

The American Hiking Society's signature trail awareness program, National Trails Day<sup>®</sup> (NTD), is now in its 12th year. On June 5, 2004 trail enthusiasts from all over San Diego County will join together to celebrate NTD and bring awareness to trails and their many pleasures and health benefits. To commemorate NTD, San Diego County Parks and Recreation is partnering with City Parks and Recreation to host a grand event at Los Peñasquitos Canyon Preserve.

This free event will feature nature hikes, mountain bike trail rides, equestrian poker rides, a rock climbing wall, children's archaeological activities, kids eco-education classes, tours of the historic adobe, live entertainment, vendors and many more exhibits and demonstrations. Over 500 event participants are expected throughout the day.

### When:

Saturday, June 5  
10 a.m. – 5 p.m.

### Where:

Los Peñasquitos Canyon Preserve  
12020 Black Mountain Road  
(Ranch House at end of Canyonside Drive)

### Why:

San Diego County Department of Parks and Recreation is dedicated to providing opportunities for high quality parks and recreation experiences for residents and visitors and to preserving regionally significant natural and cultural resources. County Parks and Recreation maintains more than 90 parks covering more than 35,000 acres and are open year round. For more information on County Parks and Parks programs visit [www.sd parks.org](http://www.sd parks.org).



**Where having fun is natural.**

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